



GORHAM GAZETTE



A COMMUNICATOR

Including Jefferson, Randolph & Shelburne

At the Tip of Mount Washington Valley

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Memorial Day

Memorial Day is one of our most patriotic holidays in the United States of America. It is the day we have set aside to honor those who have given the ultimate sacrifice for our Country and for all of us.

These fallen heroes, recent and past, fought for the United States to create and preserve the freedoms and liberties with which we are blessed, that go far beyond those that any other nation on earth has ever had.

One day, reserved for so many, is very little time taken out of 365 days in the entire year to remember and to thank our heroes. This is also a time when we should ask the question of ourselves how to best contribute our efforts to insure that all the world knows how very special we are as a Country.

Although America is having difficult times right now, we are fortunate to still have those who are still giving their all in defending our amazing American way of life. We are forever grateful for their service and we pray that God blesses them in their mission.

FLAG DAY June 14



(See Page 10 for Flag Flying Guidelines)

"Flag Day", June 14th.

The Stars and Stripes originated as a result of a resolution adopted by the Marine Committee of the Second Continental Congress at Philadelphia on June 14, 1777.

The laws relating to the flag of the United States of America are found in detail in the United States Code. Title 4, Chapter 1 pertains to the flag and seal, seat of Government and the States; Title 18, Chapter 33 pertains to crimes and criminal procedures; Title 36, Chapter 10 pertains to patriotic customs and observances. These laws were supplemented by Executive Orders and Presidential Proclamations.

To quote the writer Henry Ward Beecher (1813-1887), "A thoughtful mind when it sees a nation's flag, sees not the flag, but the nation itself. And whatever may be its symbols, its insignia, he reads chiefly in the flag, the government, the principles, the truths, the history that belongs to the nation that sets it forth. The American flag has been a symbol of Liberty and men rejoiced in it.

"The stars upon it were like the bright morning stars of God, and the stripes upon it were beams of morning light. As at early dawn the stars shine forth even while it grows light, and then as the sun advances that light breaks into banks and streaming lines of color, the glowing red and intense white striving together, and ribbing the horizon with bars effulgent, so, on the American flag, stars and beams of many-colored light shine out together..."

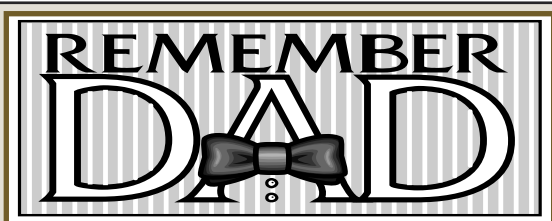
GOLD TASSEL CEREMONY

Each year seniors are recognized for their academic achievement during their high school career by earning a "gold tassel" to wear at graduation. The criterion for earning a gold tassel is for the student to earn a weighted cumulative grade point average (G.P.A.) of 90 or above. The following students have achieved this honor while participating in the following extracurricular activities:



Bottom Row (L-R): Amanda Lary Amanda will be attending White Mountains Community College in the Criminal Justice program. **Abigail Hill** Abby will be attending Saint Joseph's College of Maine in the Elementary/Special Education program. **Chelsea Levesque** Chelsea will be attending Keene State College in the Elementary Education program. **Holly Tremaine** Holly will be attending Lyndon State College in the Nursing program. **Keith Baillargeon** Keith will be attending Emmanuel College in the Pre-Med program. **Nicholas Dube** Nick will be attending Central Maine Community College in the Ford Asset program.

Top Row (L-R): Jonathan Chabot Jon will be attending New England College in the Secondary English Education program. **Adam Tremblay** Adam is the Co-Salutatorian of the Class of 2012 and will be attending Southern New Hampshire University in the Game Programming program. **Kyle Fortin** Kyle is the Valedictorian of the Class of 2012 and will be attending Worcester Polytechnic Institute in the Mechanical Engineering program. **Daniel Temme** Dan will be attending Saint Lawrence University in the Anthropology program. **Patrick Pike** Pat is the Co-Salutatorian of the Class of 2012 and will be attending the University of New Hampshire in the Civil Engineering program.



**FATHER'S DAY
JUNE 17TH**

WHAT MAKES A DAD

God took the strength of a mountain,
The majesty of a tree,
The warmth of a summer sun,
The calm of a quiet sea,
The generous soul of nature,
The comforting arm of night,
The wisdom of the ages,
The power of the eagle's flight,
The joy of a morning in spring,
The faith of a mustard seed,
The patience of eternity,
The depth of a family need,
Then God combined these qualities,
When there was nothing more to add,
He knew His masterpiece was complete,
And so, He called it ... Dad
Author Unknown

2012 Summer Concert Series

Gorham Common 6:30pm-8:30pm

Every Tuesday Night (rain dates Wednesday)

The Gorham Parks & Recreation Dept. is proud to offer the community this popular weekly event with an outstanding group of artists. Bring the lawn chairs, a blanket and the entire family to these great shows. Remember to support this wonderful series by patronizing our sponsors, concession stand and don't forget to buy some 50/50 raffle tickets.

Mid Summer Break – BBQ: July 17th, 5:00-8:00pm

End of Summer Bash – BBQ: August 14th, 5:00-8:00pm

The Parks & Recreation Dept. will be holding two community BBQ's for the public to enjoy. Big Scoop Catering will be providing the food and ice cream for this event. In addition to the cookout, there will be an extended three hour concert on these nights (no prior ticket purchase is required).

Date	Performer	Music Type
June 19	Plan B	Rock & Roll
June 26	Jose Duddy	Country
July 3	----- NO CONCERT -----	
July 10	NOTEable Decades (no rain date)	1950's-1980's
July 17	Shana Stack Band	Country / Mix (3 hour concert 5:30-8:30 + BBQ)
July 24	Rock Bottom	Rock & Roll
July 31	Kid Dizzy	Blues / Jazz / Rock
August 7	Mountain Music	Karaoke / DJ
August 14	Straightaway	Classic Rock (3 hour concert 5:30-8:30 + BBQ)



Remember – That in accordance with town ordinance 172-1: There are NO DOGS ALLOWED "On the Town Common, Public Parks, Cemeteries and School Properties at any time ..."

Memorial Day – Then and Now

This year our community is celebrating the 150th Anniversary of the Gorham Congregational Church. Our church was founded in 1862, six years before the first Memorial Day. General John Logan established the first Memorial Day in 1868, just after the Civil War. He called for flowers to be placed on the graves of Union and Confederate soldiers at Arlington National Cemetery. So the day became known as “Decoration Day.”

In the Civil War, 600,000 American soldiers were killed, countless were wounded. Everyone, including the Village of Gorham, population of about 1,000, was deeply aware of the cost of the war. In his book, *The Androscoggin River Valley*, D. B. Wight quotes Mrs. Downes of Gorham who wrote, “After the winning of these great battles, with what fearfully beating hearts the home of folks perused the fateful columns of killed and wounded that appeared in all paper after every battle. Reading on, down and down the list, a familiar name would suddenly meet their startled gaze, a name that seemed to stop the beating of their heart and hold their senses paralyzed for one tense instant, when the paper fell from their nerveless hands and they crumpled as though they had been shot. Never again would the vacant chair beside the hearth be filled.”

At the beginning of the Civil War, people in the North like Julia Ward Howe were passionate about war as the strategy to end the evils of slavery. Julia Ward Howe lived in Boston. She and her husband were leaders in the movement to end slavery.

In 1861, Julia Ward Howe traveled to Washington D.C. to visit Union soldiers stationed there. She was so inspired by her interaction with the Union troops that in one sitting she wrote the words that would become the unofficial marching song of the Union Army, “The Battle Hymn of the Republic.”

The Village of Gorham shared that passion. On April 15, 1861, just after Confederate forces attacked Fort Sumter, President Lincoln called for volunteers to join the Union Army. Mrs. Downes wrote, “the response by the valiant sons of Gorham was generous as it was prompt.” As the war progressed, people in Gorham were riveted to the latest news from the battlefield. In 1862, the year our church was founded, Mrs. Downes wrote, “One night in February, Hillyard Philbrook, our nearest neighbor came rushing in, his face wreathed in smiles. ‘By Jove, Henry! This is great,’ he cried joyfully. ‘General Grant has taken Fort Donaldson and fifteen thousand rebel troops. I want to ride to the village with you tonight, for they say the folks down there have gone crazy over the joyful news.’”

As Memorial Day 2012 approaches, we remember this history. On Memorial Day we remember and honor all those who died while serving in the United States Armed Forces. So let us remember their ultimate sacrifice. Let us give thanks for them and honor their memories. And in our day, let us pray for and support the families whose loved ones have given their lives for our country.

Gorham Congregational Church invites one and all to join in prayer and worship on Sunday at 10:00 a. m.

Rev. Dr. David Smith, Interim Minister, Gorham Congregational Church

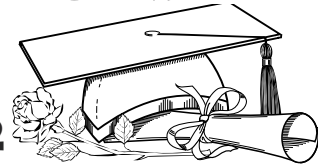
Zentangle Workshop at the Gorham Public Library

What is Zentangle, you ask? Well, the “Zentangle method is a way of creating beautiful images from repetitive patterns by putting pen to paper. It is fun and relaxing. It increases focus and creativity (and) provides artistic satisfaction along with an increased sense of personal well being. The Zentangle method is enjoyed all over this world across a wide range of skills, interests and ages (from the website found at www.zentangle.com.)”

We invite you to explore your creative side (which everyone has!) in a beginner’s workshop that will introduce Zentangle in the cool, relaxing atmosphere at the Gorham Public Library. Barbara Grant, a Certified Teacher of Zentangle, will lead participants through the 1 ½ hr. process of creating a pen, pencil, and paper piece. The workshop is open to adults and children age 10 & up. Pre-registration is required and there is a \$5.00 materials cost. Please call us at the Library at 466-2525 to register.

Zentangle Workshop, Tuesday, June 26th, 2012, 9 – 11:30am; Gorham Public Library Meeting Room. \$5.00 materials kit

CONGRATULATIONS GORHAM HIGH SCHOOL GRADUATES CLASS OF 2012



Built on a Rock, St. Paul Lutheran Church Celebrates 125th Anniversary

St. Paul Lutheran Church, on the corner of Norway and Seventh Street, will be celebrating its 125th anniversary on May 20, 2012. The Church has a rich history beginning when the first Scandinavians came to Berlin in 1854. Settling in a section of Berlin which soon became known as Norwegian Village and later, Berlin Mills, these immigrants found employment working for the Brown Company in the woods and in the paper mill. As the community grew, so did their desire to worship as a congregation. On May 16, 1887, one hundred and fifty charter members were officially recognized as the St. Paul Evangelical Lutheran Church. Worship services were first conducted in a private home, then in the Brown Company Hall, and later they shared space with the Berlin Congregational Church on Main Street. The First Lutheran Church in Portland, Maine supported this fledgling congregation as the pastor commuted to Berlin each week to provide spiritual guidance.

With limited monetary funds, the congregation had the foresight, courage, and great faith to embark on building their own place of worship. The land for St. Paul Lutheran Church was donated by the Brown family, who were keenly interested in the educational and the spiritual welfare of their employees’ families. The church is actually built on a rock. A huge granite ledge which extends for hundreds of feet provides the physical foundation. On August 31, 1889, St. Paul’s church building was dedicated to the work of the Lord.

The congregation of St. Paul Lutheran Church continues to serve the community. Pastor Gail Bauzenberger was called to serve the congregation in August 2011. The members of St. Paul maintain an active role in the community today with its outreach programs, Bible Study, and Sunday School. For more information regarding the celebration or worship and Bible Study times call the office at 603-752-1410 or visit us at our website:

<http://stpaulberlinnh.org/>

A worship service celebrating this 125th anniversary was held Sunday, May 20 at 10:30AM.

St. Paul Annual Yard Sale June 23rd 9am-2pm

On June 23rd, rain or shine, St. Paul Lutheran Church will be having an indoor/outdoor yard sale with lots to offer even the most discriminate shopper.

Proceeds from this sale will support our outreach programs in the local community. St. Paul is located on the corner of Seventh and Norway Streets in the Norwegian Village, Berlin, NH. If you have any questions, call the church office at 752-1410.

The Gorham Middle School baseball team took 1st place in the Lin-Wood Booster Club's Middle School Baseball Tournament last weekend. Gorham beat Haverhill 8-3 and went on to beat Campton in the championship 7-2. Tristan Buber and Hunter Desilets recorded wins on the mound.

THE AMERICAN LEGION “For God and Country”

The American Legion ranks as one of the largest veterans’ organizations in the United States. The Legion seeks to enhance the aims and interests of and to ensure benefits for veterans through their membership nationwide of over 3,000,000 Legionnaires in more than 16,000 local posts. The members and posts have always been very actively involved within their communities with various projects and events that add to the betterment of their entire area.

Their efforts to oppose communism, fascism and all forms of totalitarianism continue, and their programs and activities work toward building and spreading American ideals among our Nation.

The American Legion was initially conceived by a group of twenty officers who served in the American Expeditionary Force in France during World War I. At the end of World War II, the Legion was instrumental in writing the G.I. Bill of Rights and worked toward its adoption by Congress.

The American Legion continues in their mission to this day to help veterans of all wars throughout all areas of their lives. Our local Post here in Gorham was formed originally in 1926 as The Holmes American Legion Post #82. Its Charter was changed to The DuPont/Holmes American Legion Post #82 in 1928 in honor of Holmes and DuPont. Holmes became Gorham’s first Post Commander. DuPont lost his life during World War I.

We commend and thank the American Legion for all of their sacrifice and for the good works they continue to perform.

Pick up the next issue of the Gorham Gazette to learn more about The American Legion, its history and its projects.



GORHAM PUBLIC LIBRARY LAUNCHES SUMMER READING PROGRAM

Dream Big – READ!

The Gorham Public Library invites children Preschool age through 2nd grade to join us in our Summer Reading Program: “Dream Big – READ!” Wonderful books, stories and crafts will explore dreams and wishes, nocturnal animals, stargazing and more. We’ll be meeting on Wednesday afternoons for six weeks, starting June 27th. Parents of Preschool children through 2nd grade are welcome to come in or call to register at 466-2525.

Wednesdays, June 27th through August 1st, 1:00 pm; Children’s Room, Gorham Public Library

Summer Reading is the best way to keep your children reading through the year. See you there!



Hours of Operation:

Monday – Friday: 10am – 6pm Saturdays: 10am - Noon

Where to find us:

35 Railroad St., Gorham, NH 03581
603/466-2525 gorhampubliclibrary@ne.rr.com

WINTHROP GRANGE



Students at Ed Fenn School

On April 26 Winthrop Grange delivered dictionaries to third grade students in three local schools: Ed Fenn, Hillside, and Milan Elementary. At each school the students enjoyed receiving the books and looked forward to using them in school and at home. The sponsors of the Dictionary Project were Winthrop Grange, Laconia Savings Bank, La Bottega Saladino Restaurant, Robert Cone, and Cathy Snyder. Thanks to all who donated to this project and volunteered to deliver the dictionaries.

Our regular meeting on May 7 consisted of a program put on by the Women’s Activity Committee. A pumpkin muffin baking contest was judged by Cathy Snyder of Berlin and Frances Pepau of Stark. Our Master Tillie Meyers won the contest (see recipe below). A program followed the contest based on food prices of the 50’s compared with today. After that came a skit put on by Gabrielle and Marc Van Sant and Burt Meyers. Additional pieces were sayings by Frances Pepau and a reading by John Pepau. All who attended the meeting enjoyed the program.

Our next meeting will be our Memorial Program. Many residents of Gorham, Berlin, and Shelburne had members of their family that belonged to the Grange. Everyone is welcome to come and remember them with us at that time.

The members voted to change the meeting night from the first Monday of the month to the first Thursday of the month. The time stayed the same, 7 pm. Remember all are welcome to come to our meetings to have an inexpensive night out and an enjoyable time. We, the members, hope to see you there on June 7.

Salvation Army Dinner and Auction a Success



The Advisory Board of The Salvation Army would like to announce another successful Annual Spaghetti Supper and Auction. The event took place on Thursday, May 17 at The Salvation Army in Berlin. This event is a great success every year in no small part to the residents of Berlin, Gorham, and other surrounding areas that come out to enjoy some great food, fellowship, and to bid on wonderful items that have been donated for this special occasion.

All of the proceeds from the event stay local helping those most in need in our communities. Some of the programs offered are: Summer Camp for children; an afterschool program that runs during the school year; a food pantry and soup kitchen; specialized assistance; and seasonal assistance at Christmas. The Salvation Army also offers religious programming: Sunday Worship services; Religious Education for both children and adults; Vacation Bible School; Bible Study; and Pastoral Care.

The artisan works donated were all beautiful, stunning, true pieces of art: Karen Eitel donated two framed photographs; Linda Burlock donated three of her handcrafted wooden sculptures; Kay Gruwell donated a hand-woven 100% wool bag; Larry Richards donated two art pieces one a wooden sculpture, the other an etched glass piece; and Doug Levesque donated a handcrafted wood-burn designed jewelry box.

If you were unable to attend this year’s auction, don’t worry the Advisory Board is already hard at work planning for next year’s event. If you are interested in more information or would like to become involved with The Salvation Army Advisory Board please contact the office in Berlin at 752-1644.

Pumpkin Muffins

1/3 cup oil	¾ teaspoon salt
1 1/3 cups sugar	½ teaspoon cinnamon
2 eggs	¼ teaspoon cloves
1 2/3 cups sifted all purpose flour	1 cup canned pumpkin
¼ teaspoon baking powder	1/3 cup water
1 teaspoon soda	

Cream the oil and sugar, beat in eggs. Mix and sift together the flour, baking powder, soda, salt and spices and add to the creamed mixture alternately with the pumpkin and water. Bake in a moderate oven 350 degrees for 25 - 30 minutes.

From the Kitchens of Tillie Meyers

Come Join us for Gorham’s First Giant Pumpkin Challenge!

The Coos County Botanical Garden Club is very excited to announce that we will be hosting Gorham’s first Giant Pumpkin Challenge. Can we grow a pumpkin as large as 500 to 1000 pounds? Yes, 1000 pounds! Surprisingly this could really happen because the garden club has original seeds from one of the largest pumpkins in the world. The challenge will begin with a day of children volunteering to plant a few giant pumpkin seeds at the Gorham Public Library in front of the library so the public can enjoy. We will be watching the pumpkin plants grow throughout the summer months then once harvested it will be on display on the beautiful library porch.



Will O'Brien

The garden club members and volunteers will visit the garden periodically to care for the plant and to insure proper growth. The children will learn the basics about soil quality, planting seeds, plant growth, fertilization and general care, while also having fun naming the pumpkin. This will be an absolutely fun event for the children in our community. Watch for more information about the giant pumpkin challenge and updates in the next issue of the *Gorham Gazette*.

If your child is interested in participating, please stop in at the Gorham Library and sign in for the Gorham Pumpkin Challenge. Our motto “Growing relationships with people and plants.”

Club President, Will O'Brien, 723-7672

Gilead Historical Society’s

Friends and Family Day-June 23, 2012

Come and join your friends and family at the 7th annual Friends and Family Day in Gilead, Maine. It is sponsored by the Gilead Historical Society and will be held on Saturday, June 23rd. Festivities will be centered around the Town Hall, the Village Schoolhouse and the Railroad Station. All of these are located on the corner of Depot Street and Bridge Street. The theme this year is the 1950’s, so dress up like someone from the 1950’s (not mandatory!) and join in the fun. The parade on Depot Street is a walking parade for the children and all those big children who are ‘young at heart.’ Also, we are hoping to have a few cars from the 1950-60’s era.

Music from the 1950’s by Paul Houle (Wild County DJ) of Berlin, NH will be in the Town Hall beginning at 1:00pm. Lunch will be available to purchase from the Gilead Fire Department and there will be games for the children. Stop by and check out the latest renovations on the Village Schoolhouse and the Railroad Station.

Contact information: Lin or Hugh Chapman at 207-836-2987 or email chapmal@hotmail.com with a subject of line-Friends and Family Day.

Arts, Entertainment & Recreation



The Gorham Information Booth will be open from Friday, May 25th through Monday, October 8th. The hours are Monday through Saturday from 10 am to 7 pm and on Sunday from 10 am to 6 pm.

GORHAM PARKS & RECREATION

DEPARTMENT

2012 – T-Ball League Schedule

Thur	31 May 12	Giants vs. Expos	5:00pm	T-ball Field
Tue	5 June 12	Orioles vs. Giants	5:00pm	T-ball Field
Thur	7 June 12	Expos vs. Braves	5:00pm	T-ball Field
Tue	12 June 12	Orioles vs. Braves	5:00pm	T-ball Field

2012 – Farm League Schedule

Thur	31 May 12	Rock Hounds vs. Fisher Cats	5:00pm	Ed Fenn
Mon	4 June 12	Sea Dogs vs. Rock Hounds	5:00pm	Ed Fenn
Wed	6 June 12	Rock Hounds vs. Fisher Cats	5:00pm	Ed Fenn
Mon	11 June 12	Fisher Cats vs. Sea Dogs	5:00pm	Ed Fenn

2012 – Softball League Schedule (10U)

Sat	June 2	Lancaster	@	Gorham	10:00am
Sat	June 2	Lancaster	@	Gorham	12:00pm
Mon	June 4	Gorham	@	Berlin	6:00pm
Thur	June 7	Milan	@	Gorham	6:00pm
Tue	June 12	Gorham	@	Milan	6:00pm

2012 – Softball League Schedule (12U)

Tue	June 5	Gorham	@	Milan	6:00pm
Wed	June 6	Gorham	@	Page Hill	6:00pm
Sat	June 9	Berlin	@	Gorham	10:00am
Sat	June 9	Berlin	@	Gorham	12:00pm
Mon	June 11	Gorham	@	Shear Perfection	6:00pm
Wed	June 13	Page Hill	@	Gorham	6:00pm
Fri	June 15	Milan	@	Gorham	6:00pm

2012 – Cal Ripken Minor League Schedule

Tue	May 29	Mariners @ Reds	6:00pm	Promenade
Wed	May 30	Reds @ Athletics	6:00pm	Promenade
Thur	May 31	Athletics @ Red Sox	6:00pm	National
Mon	June 4	Athletics @ Cubs	6:00pm	National
Tue	June 5	Cubs @ Reds	6:00pm	Promenade
Wed	June 6	Mariners @ Athletics	6:00pm	Promenade
Fri	June 8	Red Sox @ Reds	6:00pm	Promenade

2012 – Cal Ripken Major League Schedule

Tue	June 5	Red Sox @ Dodgers	6:00pm	Libbys
Wed	June 6	Dodgers @ Phillies	6:00pm	National

2012 Coed Adult Softball League Schedule

All Games Will Be Played At Libby Recreation Complex Field

June 3rd	Visitor		Home
4:00	A & A Auto	@	Aubuchon Hardware
5:30	Milan Variety	@	U.S. Cellular
7:00	Mike's Refrigeration	@	All Terrain Auto
8:30	Mr. Pizza	@	Tri-County Cap
June 10th	Visitor		Home
4:00	Tri-County Cap	@	Mike's Refrigeration
5:30	All Terrain Auto	@	Mr. Pizza
7:00	Aubuchon Hardware	@	Milan Variety
8:30	U.S. Cellular	@	A & A Auto
June 17th	Visitor		Home
4:00	Milan Variety	@	A & A Auto
5:30	Mr. Pizza	@	Mike's Refrigeration
7:00	Tri-County Cap	@	All Terrain Auto
8:30	Aubuchon Hardware	@	U.S. Cellular
June 24th	Visitor		Home
4:00	Milan Variety	@	Mr. Pizza
5:30	A & A Auto	@	Mike's Refrigeration
7:00	Tri-County Cap	@	U.S. Cellular
8:30	All Terrain Auto	@	Aubuchon Hardware
July 8th	Visitor		Home
4:00	Aubuchon Hardware	@	Tri-County Cap
5:30	U.S. Cellular	@	All Terrain Auto
7:00	Mr. Pizza	@	A & A Auto
8:30	Mike's Refrigeration	@	Milan Variety
July 15th	Visitor		Home
4:00	A & A Auto	@	All Terrain Auto
5:30	Milan Variety	@	Tri-County Cap
7:00	Mike's Refrigeration	@	Aubuchon Hardware
8:30	Mr. Pizza	@	U.S. Cellular
July 22nd	Visitor		Home
4:00	U.S. Cellular	@	Mike's Refrigeration
5:30	Aubuchon Hardware	@	Mr. Pizza
7:00	All Terrain Auto	@	Milan Variety
8:30	Tri-County Cap	@	A & A Auto
July 29th	Visitor		Home
4:00	Tri-County Cap	@	All Terrain Auto
5:30	Aubuchon Hardware	@	U.S. Cellular
7:00	Milan Variety	@	A & A Auto
8:30	Mr. Pizza	@	Mike's Refrigeration
August 19th	PLAYOFFS – TBD		

The Berlin-Gorham Relay for Life will be taking place on the Gorham Common on Saturday and Sunday, June 16th and 17th.

Gorham Public Library Staff Picks

The following are some thoughts on books by your local library staff – enjoy!

FICTION:

Barefoot Season by Susan Mallery. When army veteran Michelle Sanderson returns home to her inn on Blackberry Island, she has to face the past that she fled from ten years previously. Recovering from the physical and emotional wounds from war, Michelle begins to realize that she can't heal without support from friends and family.

The Lost Years by Mary Higgins Clark. Fans of Clark's likeable characters, Alvirah and Willy Meeham, will enjoy this mystery about a valuable ancient parchment, and someone who will do anything to claim it...even murder.

Private Games by James Patterson. London is hosting the 2012 Olympics this summer, and that is the setting for Patterson's latest novel. Private, the exclusive private investigating firm, is in charge of security, but are the Games in danger of being cancelled because of possible terrorist attacks?

The Forgotten Garden by Kate Morton. A search for her grandmother's past leads our young protagonist across the continents from Australia to England. As she begins to discover her own ancestral ties, she uncovers long held lies and deceit; yet, she also discovers love. This novel is so rich in characters and beautiful settings!

The Litigators by John Grisham. When up and coming corporate attorney David Zinc has what might be called a breakdown or an awakening, depending on one's point of view, he finds himself on the doorstep of the law firm of Finley and Fig. Located in a rundown building in a questionable part of the city, this law firm of ambulance-chasing attorneys might provide the cure for a disillusioned young lawyer. This is an entertaining read!

NONFICTION:

Reluctant Hero by Michael Benfante. The author, Michael Benfante, worked on the 81st floor of the North Tower. The first plane to strike hit twelve floors above him. This is his story of what took place on that horrific day and how he and a fellow co-worker carried a woman in a wheelchair down 68 floors. It is also his personal story of what he has gone through since September 11, 2001. A must-read.

A Train in Winter by Caroline Moorehead. A fascinating story about the women of the French Resistance during WWII. The Gestapo arrested 230 women, young and old, and eventually they ended up in Auschwitz. It is a story of how these women had the will to survive and how they banded together. Unfortunately, not all make it back. Truly an inspiring book.

Behind the Beautiful Forevers: life, death, and hope in a Mumbai undercity by Katherine Boo. This is an account of a truly bizarre case: a woman who lives in a city slum in India sets herself on fire in order to set up her neighbors. The social, economic, and class issues surrounding this event are brilliantly and engagingly interwoven by an author who lives in and has researched this world thoroughly. It's a walk into a very different world and one that you won't forget soon.

Unbroken: a World War II airman's story of survival, resilience, and redemption by Laura Hillenbrand. From the acclaimed author of Seabiscuit comes the story of Louis Zamperini, a tough, wild child of New York City streets whose ability to run fast and well took him to the Berlin Olympics. That's just the beginning: he goes on to become an airman in WWII, is shot down over the Pacific, and survives countless days on the open sea only to be held captive for years as a P. O. W.. How he survives and then lives his life is a harrowing, haunting, and triumphant story.

The Passage of Power: the years of Lyndon Johnson by Robert A. Caro. This is the fourth volume of a planned five-series history of LBJ and encompasses his move from Master of the Senate to Vice President and Dallas. Through exhaustive research, Caro plumbs the depth of Johnson's psyche and personality. What's revealed is not pretty – but it is deeply human and complex. From the Cuban Missile Crisis to the campaigns that consumed them, Caro writes an exciting portrait of the many players on the scene – McGeorge Bundy & the Kennedys alike. For the political and history aficionados out there, it's not to be missed.

(The following is available through N.H. Downloadable Audiobook Program – please call for information if you'd like to access this resource:)

The Language of Baklava: a memoir by Diana Abu-Jaber. This is a warm and delightful collection of stories of a childhood spent in-between: in-between cultures (Jordan and American), families, parents, and food. At the end of each story about this close-knit extended family, we are offered a recipe (from shish kabobs to pancakes). Fair warning: read on a full stomach!

Midnight in Peking by Paul French. News of the murder of a famous diplomat's daughter spreads from ancient Peking in 1937 and pressure mounts on investigators as styles, culture, and motives collide. This is a peek behind the curtain at an exotic, thrilling, and dangerous place and point in time. A fascinating read.

Gorham Lifestyles

Words of Wellness

'Diet' is not a Nasty Word

The word diet means "what you eat", not "eat less." More often than not people feel that if they want to lose weight they need to eat fewer calories. That's o.k. if you're consuming more calories than your body is able to burn. But in most cases, people eat too few calories to try to lose weight. This sets themselves up for disaster. If food intake is reduced too much, the body interprets this as starving. Instead of using fat for fuel, muscle is burned. This is the worst case scenario, but many people have put themselves through it continuously. When muscle is lost, metabolism is slowed and not as many calories are burned per day. Keep in mind: muscle is active, fat is not. Eventually calorie intake increases (since that type of low calorie eating cannot be maintained for an extended period of time), body weight is put back on, and in most cases more weight than it originally was because of the sluggish metabolism they've created eating too few calories.

This can be avoided by revving up your metabolism long-term. The best ways to do this is to be active and eat healthy often. Let's take exercise. Cardio-vascular exercises use fat as energy, so you burn calories as you do it. Examples are walking, biking, running, swimming, hiking, and fitness classes. Add resistance training to help increase your metabolism long term. Again, remember: muscle is active, fat is not. How often you eat and what you eat can also affect your metabolism. Number one, eat breakfast!!!! I can't stress that enough; even if it's a piece of fruit or a slice of whole grain bread dry or with a teaspoon of natural peanut butter. Eating every 3 to 4 hours thereafter continuously revs up your metabolism throughout the day. Waiting too long between eating allows your metabolism to slow down and can also make you feel tired, lethargic or loose of concentration. When you do eventually eat you'll probably want to eat everything is sight. If you are hungry, eat! That's your body asking for fuel. Also remember to stop when you are full.

If losing weight is important to you then make it a priority. Take control of the foods you eat and begin exercising. Keep in mind it doesn't happen in a day. Make small changes as you go and good things will happen in time. For questions and answers feel free to e-mail me at rllc20@yahoo.com or call the Royalty Athletic Club at 466-5422.

Lise King, Certified Personal Trainer & Instructor,
Royalty Athletic Club



Well, it seems the men in my life are feeling a bit left out. The consensus of my male clients, friends and acquaintances as well as the love of my life is that the last two articles about aging and skin care don't really apply to them. Of course it does! Don't you want to look and feel good for your age? For me it has more to do with attitude than anything else. I believe the type of person you are on the inside shows itself on the outside, especially as we age. Where exactly am I going with this, I'm glad you asked....

As I've mentioned in the past, my advice for men is to keep your hair neat and trimmed especially around the neck and ears. If you're tired of the gray and feel it ages you, there are great new 5 minute colors especially formulated for men to camouflage gray. I think facial hair can age a man, but if you do like a beard or mustache, keep them neatly trimmed as well (you can color your facial hair too). For those of you who have had facial hair most of your adult life and you know who you are, why not go for it and shave it all off. What's the worst that could happen; you don't like it so you grow it back! It's a good idea to keep your eyebrows trimmed and you should have two, no caveman look. Also be sure to trim ear and nose hairs often. As far as skin care is concerned, keep it simple, cleanse and moisturize in the morning and again at night. Let us see how handsome you are and take that baseball cap off a little more often. From a women's prospective, men that are well groomed and put some time into their appearance are very attractive at any age.

Sometimes a person can have a rough exterior and be a very gentle soul. I believe this is especially true for most men, because that's what society expects of them; to be strong. My Dad was such a man. He was tall, very strong and rather stern looking to someone who didn't know him. He yelled a lot and used to scare most of my girlfriends who came to the house. That was until he smiled and then all bets were off. When my Dad smiled his whole face lit up and you could see the kind of person he really was; he wasn't fooling anybody. So, I'd like to take this time to celebrate the men in my life and I hope you'll do the same. To all the handsome men out there be sure to smile often so we can see the real you. Happy Father's Day.

Until next time...

Susan Griffin, Owner and Operator, Salon 64, 64 Main St., Gorham;
(603) 466-9964.



Susan Griffin

GORHAM HOUSE FLORIST

The Incredible Moving Shop

Since a flower shop was established in Gorham in 1983, it has moved 8 times has had 3 different names and 4 different ownerships. I only missed one year of this incredible journey, so for what my memory has to offer, I would like to share this tale with you. Some of the dates may not be exact, but 8 moves in 29 years... it was hard keeping track.

Time Line 1983-1993

*Lynne Holt opened Flowers By Lynne at 115 Main St. that is now occupied by Libby's Bistro

*About a year later there was a devastating fire that left the shop at a total loss, Lynne had to relocate.

*Later in the same year, Lynne re-opened the flower shop at it's new location; The Bishop House where the Royalty Athletic Club now stands. (move #1). This is when I enter the story.

*At our new location, we arrived one early spring morning to find that the furnace had backed up and the shop was covered in soot. It now needed to be emptied and cleaned.

With Easter right around the corner, closing was not an option. We had to do something. So we packed up what we could, bought new supplies and headed to 129 Main St. the current location of Strictly Moose. (move #2)

*In late spring the Bishop House was clean so back across the street we went. (move #3)

*A few years later, The Bishop House was sold to the Town of Gorham and moved to Rail Road St, which houses the Gorham Town Library, We had to find a new home. Luckily, 129 Main St. was vacant so back we went. (move #4)

1993-1995

*Flowers by Lynne was under new ownership and about a year later moved to 212 Main St., now the location of The White Mt. Cafe. (move #5)

1995-1998

*At this time Flowers by Lynne had three big changes in store. The flower shop was about to be under it's third ownership; it's name was changed to In Full Bloom and after about a year, it was moving again. This time, back downtown to 4 Androscoggin St., the location that once was the home to Ruel's Restaurant. (move #6)

*In May of 1998, In Full Bloom closed and in October of the same year, Voila!!!!!!!!!!!!

1998-???

*Gorham House Florist opened at 98 Main St. I was the 4th owner and had now established it's seventh location. After 10 years in the Gorham Hardware building, the flower shop moved to it's eighth and, for me, it's final location, 10 Exchange St. (move #8).

I wish I could have provided few more exact dates and details but I'm sure this story is far from over. I hope you enjoyed this little trip down memory lane.

Have a great "bloomin" day.

Terri Colarusso, Gorham House Florist, 10 Exchange St., Gorham; 466-5588



Carnival Glass

Ok, I know you're wondering how carnival glass got its name. Well, when it was first manufactured in the early 1900's, it was given away as prizes at, you guessed it, the carnival. At the time many folks rejected carnival glass because they felt it was beneath them. A prize at the carnival was just junk.

This assessment of carnival glass has changed. Early pieces are most sought after and can break the piggy bank. These original pieces were made by famous manufacturers such as Fenton (the first to manufacture it), Northwood, Imperial, Millersburg, and Dugan. The heyday for manufacturing carnival glass was from about 1907 to 1918 here in America. In the 20's and 30's countries like England, Austria, Germany, and Czechoslovakia began manufacturing pieces and popularity grew in these countries. In the 1950's and 60's carnival glass had a revival when companies such as Fenton and Imperial began remanufacturing original patterns and creating new patterns. New companies also came onto the scene.

Carnival glass came in many shapes, colors, and styles. You can find compotes, candy dishes, vases, pitchers, tumblers, and more. Styles included Fenton's peacock tail and Northwood's Grape and Cable. As for color the array included marigold, amethyst, green, and bright blue. Carnival glass gets its unique iridescent sheen by applying a combination of chemicals to pressed glass before it is fired.

The most collectible pieces are from Northwood because they were the only original company that marked their pieces. The most desired colors are red and pastels - aqua, ice blue and peach because they are rare.

When collecting you must be aware that carnival glass is still produced today. New pieces are not as desirable or worth as much as the older pieces. A good website to learn more about carnival glass past and present is www.ddoty.com.

From Lucy Couch for The Market Place at 101,
101 Main Street, Gorham, 603/466-5050

“Teddy” and Ron Marquis on the Summit of 4,049' Mt. Moriah near Gorham, New Hampshire



“Teddy” is getting a reward from his climbing partner, Ron Marquis, for reaching the top of Mt. Moriah. In the last 8 years he has climbed more than 200 mountains in New England, New York and Canada. He has ascended some of these peaks many times. “Teddy” is definitely one of Gorham’s “Top Dogs”, enjoying more than anything being at the “top of the world”, literally!!

MT. WASHINGTON AUTO ROAD NOW OPEN TO SUMMIT FOR GUIDED TOURS AND PRIVATE VEHICLES



Mt. Washington Summit. Broman Photography/Gateway Gallery

The Mt. Washington Auto Road is now open to the summit of the Northeast’s highest peak. Visitors to the nation’s first manmade attraction can take either a guided tour or drive their own vehicle on this remarkable and historic road, which has been in operation since 1861.

The Auto Road is now open from 8-5 pm, as is the base lodge and gift shop. Beginning on Memorial Day weekend, the Summit Stage office will be open (and offering hiker shuttles). Saturday the 26th will also mark the opening of the newly dedicated Douglas A. Philbrook Red Barn Museum, as well as the Glen View Café, the Outfitters Shop and Great Glen Trails Outdoor Center. Alton Weagle Day, which features and celebrates several unusual first ascents of the Auto Road, will also be held on the 26th.

“We are delighted to be open to the summit for our 151st season here on Mt. Washington. Although we experienced a mild winter, our spring Road opening turned out to be quite challenging, we’re particularly proud of the work our Road Crew has accomplished in the past several weeks!” noted Howie Wemyss, General Manager of the Auto Road and Great Glen Trails Outdoor Center. “As always, the Auto Road operation is heavily weather dependent at this time of the year so it’s often best to call ahead,” he added.

Included on the schedule for the coming season (in addition to the aforementioned Alton Weagle Day) will be events as diverse as bicycle races, footraces, sunrise drives, a colonial muster in the mountains and a 1920s speakeasy casino night. For more information about Mt. Washington Auto Road operations, schedules and events please call (603) 466-3988 or online at www.mt-washington.com

Arbor Day Foundation Offers Tree-Care Booklet for \$3 Donation

The Arbor Day Foundation is offering a handy tree-care booklet designed to help people plant and care for trees. Anyone can receive the Conservation Trees booklet simply by making a \$3 donation to the Foundation.

Conservation Trees is a user-friendly booklet that features illustrations, colorful photos and easily understood descriptions.

“Conservation Trees is an ideal resource for tree planters throughout the country,” said John Rosenow, chief executive and founder of the Arbor Day Foundation. “It is important that people know how to properly plant and care for their trees. “Taking care of existing trees is just as critical as planting new ones,” Rosenow continued. “Trees clean the air, keep our water sources pure and conserve energy. Trees provide so many benefits to a community, and that’s why it is so vital to take care of them.”

The booklet provides details about the right way to plant and prune trees. It also includes tips on using shade trees and windbreaks to save on energy costs, attracting songbirds and creating a living snow fence.

To receive the Conservation Trees booklet, send a \$3 check along with your name and address to: Conservation Trees, Arbor Day Foundation, 100 Arbor Ave., Nebraska City, NE 68410, or order online at arborday.org/conservationtrees.

The Back Yard Gardener

The flower of the month is the Peony. No words can describe the astonishing beauty of a peony that can grow in your garden for many years to come.

When we think of peonies we usually think of this distinguishing, old fashion heirloom flower that was most common back in our grandparents day, but interesting enough the history of the peony goes back even further, much further and as far back as China 1000BCE. However until the seventh century during the Emperor Yang 605-617 of the Sui Dynasty they were then grown as ornamental flowers under protection of China.



Peonies (*Paeonia paeoniacea*) today are one of the largest of all the ornamental flowers with beautiful showy blooms in early to late spring. They are also perfect for our weather conditions up north because they need that chilling period for an appropriate dormancy period to produce blooms in the summer. Young plants are known to be slow growers at first taking two years to get descent blooms however they’re one of the longest lived out of most perennials making your investment and your efforts worth while. Peonies are robust growers and can grow up to two to three feet tall and spread as wide as three to four feet wide.

Peonies grow best in full sun with afternoon shade. I’ve noticed if they have a full day of direct sun that the flower will actually fade and have a dull appearance especially the shades of pink colors. The soil should be rich and loamy with a PH of 6.6 to 7.0 and you should provide well drained soil. They’re highly acceptable to root rot if the soil if it’s too damp. The most common mistake people make is planting them too deep. Plant the roots 13 to 16 inches deep and leave the pinkish buds on the lower stem no more that one inch under the soil. Lightly water your plant every other day and with a deep watering every 15 days.

Fertilize your peony in the early spring when you see new growth that is approximately 2 inches tall, by working in a 4-8-4 fertilizer, two cups per plant. The plant will also require support when they get to 15 inches tall or they’ll fall and you will lose the strong thick stem.

Peonies do attract ants and most people believe they need the ants in motion to open the buds however, this is false. In the past I have sprayed the plants for ants and they bloomed just fine.

One of the most common reasons why they don’t bloom is because they are planted too deep other reasons might be that they are over fertilized or too wet.

My grandmother grew peonies in Windham Maine basically leaving them unattended in rich composted soil in an old cow pasture where they would vigorously shoot up through the weeds and come up year after year for many years. There are many many different types of these spectacular, stunning flowers out there. Give them a try and you will have years of beautiful blooms to have for cut flowers inside your home or for leave them outdoors as an glamorous eye catching beauty in your yard.

Will O’Brien, President, COOS County Botanical Garden Club

Don't Forget Dad June 17th

Fishing Tackle DB Lures, Sutton Spoons, Trolling Flies

- NH Hunt & Fish License
- Cortland Fly Fish Shop
- Dry Flies \$22.00/doz.
- Merrell Boots & Sandals
- Tents
- Camp Stoves
- Cook Sets
- Rain Gear



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GORHAM HARDWARE & SPORT CENTER
96 Main St., Gorham NH • 466-2312

LACONIA MOTORCYCLE WEEK 2012 COMES TO GORHAM JUNE 9-17

Laconia Motorcycle Week, also known as Laconia Bike Week, is an annual event held in June. This year it runs from June 9th through the 17th. It has its roots dating back to 1916 with a few hundred bikers meeting at The Weirs

(aka Weirs Beach). Six years later, the Gypsy Tour starting in Loudon, New Hampshire and passing through Laconia, kicked off the official Laconia Motorcycle Week in the following year of 1924, making it one of the oldest motorcycle events in the United States and is part of the "Big Four".

Its popularity grew in the 1990's as the Motorcycle Community flourished. There is no doubt to what draws people here every year, between the lush national parks with camping, hiking, sight-seeing and the beautiful highways and byways that thread Vermont, New Hampshire and Maine. This is a dream destination to motorcyclists everywhere.

Local businesses became strong supporters of the event which kick-started the beginning of their busy tourist season and in the last 88 years it has grown to more than 400,000 cyclists over the week-long biker party.

(Taken from Laconia Motorcycle Week Newsletter)



Photo by Broman Photography/Gateway Gallery

**MOTORCYCLE
SNOWMOBILE
SERVICE**

Power Sports Since 1977

299 Main Street
Gorham, NH 03581

Ray Bergeron, Owner
603-466-5211

Get Your T-Shirts For Bike Week 2012 Here

Bike Week 2012 is coming quick and Mr. Pizza will again be selling bike week t-shirts with artwork by David LaFrance. These shirts sell fast, so we doubled the order of ladies v-neck and men's size



small to 3xlarge. They will be arriving any day now. Please watch our sign and if you would like to preorder your shirt or shirts call LouAnne at 466-5573 or tell your server if you prefer black or grey and the size.

Mr. Pizza is located at 120 Main St in Gorham.

Happy Father's Day From...



Open 7 Days
a Week for
Lunch and
Dinner

Join us on Father's Day Sunday, June 17th

For Some Wonderful Specials in Honor of The
"SPECIAL" Men in Your Life!

Mr. Pizza Will Be Serving:

- Tender Prime Rib
- Roast Turkey
- Bacon Wrapped Scallops
- Fall-off-the-Bone Marinated Barbeque Ribs

Our Outdoor Deck
Is Now Open

Just to Name a Few...

**HAPPY FATHER'S DAY
TO ALL OF OUR CUSTOMERS!**

Enjoy Our Award Winning Pizza Regular or Thin Crust with our Daily Made Fresh Dough Choose one of our Specialties or Design Your Own

**160 Main Street, Gorham, NH
603/466-5573 www.mrpizzanh.com**

The Berlin-Gorham Relay for Life
will be taking place on the
Gorham Common on Saturday and Sunday,
June 16th and 17th.



Spring and Spring Cleaning Has Arrived

As you go about cleaning out your garages, cellars, and barns, remember that we are accepting bikes again this year for the bike drive. The pick-up date is in late September. There is a tarp lean-to at Pathways for Thursday's Child on Washington Street in Gorham where you may drop off your bikes.

Pathways for Thursday's Child, Gorham Middle High School and students from the Enriched Learning Center in Berlin have worked together for the last several years and have salvaged well over 600 bikes. These bikes were turned over to Bikes Not Bombs (BNB) for refurbishing and are now in use in other parts of the USA and the world. A new addition to our service team is the youth group from the Community Bible Church of Berlin.

"Lasting peace and social justice require equitable and sustainable use of resources. BNB provides community-based education and assists development projects with recycled bicycles, related technologies and technical assistance, as concrete alternatives to the militarism, over-consumption and inequality that breed war and environmental destruction. Our organization is part of a worldwide movement for peace and responsible stewardship of the earth." That is the mission statement of the organization BNB.

According to representatives of the non-profit group, "Bikes Not Bombs promotes bicycle technology as a concrete alternative to war and environmental destruction. For 26 years, BNB has been a nexus of bike recycling and community empowerment both in lower income neighborhoods of Boston and in the nations of the Global South. BNB's programs involve young people and adults in mutually respectful leadership development and environmental stewardship, while recycling thousands of bicycles."

The BNB website is www.bikesnotbombs.org. It is worth checking out to see how your recycled bikes are used in service for others. "Bicycles are comprehensive development tools that further the self-determined development of people by providing access to the goods and services needed to pursue their own development and the development of their families and communities. Bicycles are thus tools that both liberate and empower providing a vehicle for social change".

THE GREAT OUTDOORS

CONSERVATION OFFICERS OF THE YEAR HONORED AT FISH AND GAME

The New Hampshire Fish and Game Department recently honored New Hampshire 2011 Conservation Officers of the Year and an OHRV Program Coordinator for outstanding service. The Law Enforcement recipients were Conservation Officer Mark W. Ober Jr. of Franconia and Sergeant Scott LaCrosse of Loudon. Retired Major Tim Acerno, now a regional Off-Highway Recreational Vehicle Program Coordinator, was recognized as the 2011 OHRV Safety Education Instructor of the Year. The awards were presented at the N.H. Fish and Game Commission meeting on May 16, 2012, in Concord.

CONSERVATION OFFICER MARK W. OBER JR. of Franconia was selected as the New Hampshire 2011 Shikar-Safari Club International Wildlife Officer of the Year. A 7-year veteran of Fish and Game, Ober patrols in northern New Hampshire, covering Berlin, Gorham, Success, Randolph, Shelburne and various grants and purchases surrounding Mount Washington.

Since his patrol area includes Mount Washington and the Presidential Mountain Range, it is a center not only for traditional Fish and Game Law Enforcement, but frequent search and rescue activity. Ober constantly responds to hikers in distress; in 2011, he participated in over 20 missions as an active member of Fish and Game's Advanced Search and Rescue Team. He is also a member of Fish and Game Dive Team; several of his recent missions involved evidence recovery from high-profile violent crimes. Ober is a Firearms Instructor and Armorer, a Field Training Officer and has commanded Fish and Game's Honor Guard.

"Ober has shown a tremendous tenacity in the performance of his duties," said Col. Martin Garabedian, Chief of Fish and Game Law Enforcement. He cited Ober's consistent work on OHRV enforcement, as well as fish and game criminal investigations. During the past year, Ober's efforts resulted in the successful prosecution of several deer poaching cases and a large-scale baiting operation in Coos County. He also helped the New Hampshire State Police apprehend an armed man.

"Mark is always an effective ambassador for Fish and Game," added Garabedian. "Through his hard work and dedication, he has earned the respect of his law enforcement peers and the general public."

The Shikar-Safari Club International is a worldwide organization dedicated to the protection, enhancement and preservation of wildlife, with emphasis on endangered and threatened species and promoting the enforcement of conservation laws and regulations.

Other honorees were SERGEANT SCOTT F. LACROSSE of Loudon and TIMOTHY J. ACERNO of Raymond.

Mr. Pizza Deck Officially Open!

We are pleased to announce that our deck was officially opened on Friday May 18th! A week earlier than usual! Although we had a brief stretch of nice weather in both March and April, we had a frost the third week in May and it actually snowed the beginning of the month! True Northern New Englanders know that summer officially kicks off Memorial Day weekend and ends Columbus Day weekend even though the calendar implies otherwise. The difference this year was our spring followed a very mild winter with little to no snow and therefore allowed us to open earlier. The deck doesn't get as much sunlight being on the backside of the building, so it is very chilly and normally takes until Memorial Day to melt all of the snow that typically falls on the deck from the tin roof. We must keep a path shoveled and open for it is considered a fire exit and therefore this also can pack down the snow turning it to ice along both sides of the deck, again taking longer to melt. We appreciate that our customers are so anxious to enjoy our deck but we ask that they have a little more patience with us and our staff and appreciate how much preparation goes into setting it up and staffing this area that seats an additional 40 guests. So to all of our guests that just couldn't wait another day, we expect to see you out there soon!

LouAnne and Jim Pelkey, Owners, Mr. Pizza
160 Main Street, Gorham, 603-466-5573

Saturdays' FRESH AIR MARKET

Weekly Vendors Featuring: Antiques, Unique Foods,
Fresh Veggies (when available), Crafters, Flowers, Plants, & More!!
at The Market Place at 101

~~~~~  
10 AM to 2 PM Every Saturday (weather permitting)  
~~~~~

Come by and be surprised!

101 Main St, Gorham

Outdoor Sale Rack by Boutique at 101

COMING SOON: LIMITED ALL-TERRAIN VEHICLE RECIPROcity WITH VERMONT

All-Terrain Vehicle (ATV) enthusiasts in New Hampshire and Vermont will soon be able to enjoy limited ATV reciprocity between the two states.

During 2012 and 2013, from May 23 through December 1, ATVs that are properly registered in Vermont may be operated in New Hampshire on state ATV trails without being required to obtain a New Hampshire Off-Highway Recreational Vehicle (OHRV) registration.

Likewise, properly registered New Hampshire ATVs may operate in Vermont on approved ATV trails during the May 23 to December 1 time period without the requirement to purchase a state of Vermont registration, however a Vermont All Terrain Vehicle Sportsmen Association (VASA) trail pass is required, on VASA trails, as well as proof of having completed an approved ATV safety class for operators under 18 years of age.

This rule includes a two-year sunset provision and will end on December 1, 2013.

Vermont ATV enthusiasts riding in New Hampshire must follow all applicable laws and rules governing operation, include youth operation requirements, spark arrestors, exhaust requirements, etc. Any operator 12 years of age and over must show proof of an approved safety education class or possess a valid motor vehicle driver's license.

An ATV is defined as any motor-driven vehicle which has one or more low-pressure tires (less than 10 pounds per square inch), weighing less than 1,000 pounds and not exceeding 50 inches in width. Therefore, operation of side-by-side utility vehicles (UTVs) and trail bikes is not included in this new rule. These vehicles must be properly registered in New Hampshire to ride here, and may only ride in approved areas.

For New Hampshire OHRV rules and information visit <http://www.ride.nh.gov> or <http://www.nhtrails.org>. In Vermont: <http://www.vtvasa.org>.

FREE FLY-FISHING COURSE OFFERED -- JUNE 23-24 IN HAVERHILL, NH

An upcoming two-day workshop in Haverhill offers beginners a chance to learn about the timeless sport of fly-fishing. The New Hampshire Fish and Game Department's "Let's Go Fishing" Program is teaming up with the Haverhill Recreation Department to host a fly-fishing course on Saturday, June 23, from 8:30 a.m. to 4:30 p.m. and Sunday, June 24, from 8:30 a.m. to 12:30 p.m. at the Haverhill Recreation Department. There is no charge for the instruction.

To sign up or get more information, call the Haverhill Recreation Department at 603-787-6096.; The class is open to anyone age 13 and older, however, those age 13-16 must be accompanied by an adult. Class space is limited, and registration will be conducted on a first-come, first-served basis.

Designed primarily for first-time fly-fishers, the workshop will cover the basics of equipment, fly casting, stream ecology, knot tying, safety and how to find those "hot spots" along New Hampshire's rivers and lakes. On Sunday, the class will pull on waders and head out to a local pond to put their newly learned skills to the test!

Over the past ten years, the N.H. Fish and Game Department's "Let's Go Fishing" program has taught thousands of children and adults to be safe, ethical and successful anglers. The program is federally funded through the Sport Fish Restoration Program.

The New Hampshire Fish and Game Department works to conserve, manage and protect the state's fish and wildlife and their habitats, as well as providing the public with opportunities to use and appreciate these resources. Visit <http://www.fishnh.com>.

BASIC NAVIGATION (MAP & COMPASS) WORKSHOP OFFERED JUNE 16

If you're interested in learning how to find your way in the outdoors using a map and compass, sign up for a free workshop on beginning-level map and compass navigation skills scheduled for Saturday, June 16, from 9:00 a.m. to 1:30 p.m. at New Hampshire Fish and Game's Owl Brook Hunter Education Center.

Registration is limited and will be taken on a first-come, first-served basis. To sign up for this workshop, contact the Owl Brook Hunter Education Center at 603-536-3954.

Workshop participants will learn the basic skills needed to navigate in the outdoors using a map and compass. The class will be geared for beginners, as well as those looking to brush up on their knowledge of how to use a map and compass.

Participants will spend some time in the classroom familiarizing themselves with the parts of a compass and how they work, and learning how to read a topographical map; then they will learn how to use the map and compass together to plan a day in the woods.

Once they become comfortable with knowledge learned in the classroom, participants will head outside to navigate the Owl Brook Hunter Education Center's orienteering course to practice their skills in an outdoor environment.

Activities at Fish and Game's Owl Brook Education Center are made possible by Federal Aid in Wildlife Restoration funds. Purchase of fishing tackle, firearms, ammunition, archery equipment and motorboat fuels, along with license sales, helps fund sport fish and wildlife restoration in New Hampshire.

For more information on Fish and Game's Owl Brook Hunter Education Center, visit http://www.huntnh.com/Hunting/hunter_ed_center.htm.

THIS FATHER'S DAY GIVE DAD SOME EXTRA HELP

You can probably think of a number of times when you asked your dad for a little extra help. Now, with Father's Day right around the corner, is the perfect time to offer a little extra help for Dad. People across the nation are helping their dads save nearly \$4,000 a year on the cost of Medicare prescription drugs. You can help your dad too — and it won't cost you a dime.

The high cost of prescription medication can be a burden on fathers (or anyone) who have limited income and resources. But there is Extra Help — available through Social Security — that could pay part of his monthly premiums, annual deductibles, and prescription co-payments. That Extra Help is estimated to be worth about \$4,000 a year.

To figure out whether your father is eligible, Social Security needs to know his income and the value of his savings, investments, and real estate (other than the home he lives in). To qualify, he must be enrolled in Medicare and have:

Income limited to \$16,755 for an individual or \$22,695 for a married couple living together. Even if his annual income is higher, he still may be able to get some help with monthly premiums, annual deductibles, and prescription co-payments. Some examples where income may be higher include if he or his spouse:

- Support other family members who live with them;
- Have earnings from work; or
- Live in Alaska or Hawaii.

Resources limited to \$13,070 for an individual or \$26,120 for a married couple living together. Resources include such things as bank accounts, stocks, and bonds. We do not count his house and a car (if he has one) as resources.

Social Security has an easy-to-use online application that you can help complete. You can find it at www.socialsecurity.gov/prescriptionhelp. To apply by phone or have an application mailed to you, call Social Security at 1-800-772-1213 (TTY 1-800-325-0778) and ask for the Application for Help with Medicare Prescription Drug Plan Costs (SSA-1020). Or go to the nearest Social Security office.

To learn more about the Medicare prescription drug plans and special enrollment periods, visit www.medicare.gov or call 1-800-MEDICARE (1-800-633-4227;

TTY 1-877-486-2048).

Think of all the times you've asked Dad for some extra help. This Father's Day, give your dad a little extra help he can use year-round — a savings of up to \$4,000 a year on his Medicare prescription drugs through Extra Help available from Social Security. By Andrew Salata, Social Security Public Affairs

Dad's Last Ride

It couldn't have been a more perfect day. On Saturday May 19th, my husband and I got on our Harleys at noon and started out our day on a mission. You see, my Dad passed away on May 2nd, three days short of his 71st birthday.

Throughout his life my Dad owned several motorcycles and since it was his wish not to have any formal services, my husband I decided that we could ride to Colebrook, gather some of his ashes and give him one last ride. We started from our home in Berlin, the sun was out and there wasn't a cloud in the sky. When we first got going I noticed that there were butterflies flying around everywhere. The trees were lush and green, the smell of fresh cut grass was present all around, there was a light breeze blowing and the temperature was just right for riding.

We headed towards Groveton and made our way to my Mom's house in Colebrook and had a nice visit with my two sisters, my brother-in-law, and of course my Mom. Once we collected the ashes we took off toward Dixville Notch where I have a lot of childhood memories at the Balsams Grand Resort Hotel. My Father was employed there and we also spent time there hiking up to Table Rock to enjoy the beautiful view. From there we continued on into Errol where I had once lived. Then we ended the ride back home in Berlin.

My Dad used to tease me that one of these days he would take my bike for a ride. Well he didn't actually drive but he did get one last ride in the end. We believe it was a fitting tribute to my Father's life.

Ride on Dad ! 'Til we meet again, Love, Jamie and Luke Godbout

Glimpses of Gorham's Past: 1927 Flood

Since Gorham was developed along three major rivers (the Androscoggin, Peabody and Moose), floods are part of the town's history and will be. D. B Wight's excellent book "The Androscoggin River Valley: Gateway to the White Mountains," provides details of the worst flood in the town's history:

On Friday, November 4, 1927 a flood and storm struck New England. Coos County was hit the hardest, and Gorham suffered great damage. Highways and bridges were washed out and many families had narrow escapes when the Moose, the Peabody and Androscoggin Rivers went on a rampage. All available workmen were put to work restoring the damage done by the worst storm in the history of the town. The flood swept through town leaving destruction in its wake. It was estimated that the loss of property and industries would exceed \$200,000.

During the night the Peabody and Moose Rivers rose to gigantic heights, tearing out embankments and hurling rocks, trees and bridges before them with terrific force. Four bridges on the main highways were washed away; the first bridge on the Glen Rd., the bridge on lower Main St., the one over Moose Brook and the Moose River bridge.

Practically all the houses from Hannaford's Corner to Church St. were surrounded by water, and Main St., from the Forbush house to Church St. were four feet under water; Messenger's Field and Union St., up to the railroad tracks, were submerged. Sidewalks were torn up and roadways washed out and damaged. One side of the west abutment of the large steel railroad bridge at the east end of town was torn out, and 100 feet of the railroad approaching the bridge was washed out. Beyond the west yard, over 300 feet of railroad was completely undermined.

After such a devastating flood, the State of NH came to the aid of the Town with funding as well as men and equipment. Thomas Malloy, Gorham Road Agent, luckily had strong



experience and much of the needed equipment. Soon over 200 men were working and repairs would go on for more than a year. Wight has more details:

A gigantic engineering feat was performed on the Glen Rd. when a canal was built between the first and second bridge. It was 100 feet wide, 2000 feet long, and in some places 8-9 feet deep. 90,000 cubic yards were excavated. It was built through dense forests, and tons of dynamite, three steam shovels, many trucks, caterpillar tractors, and about 20 horses, together with 150 men, worked continuously in building it. On March 21 at 2 PM, the Peabody River was turned into the canal by Thomas Malloy in the presence of Governor Spaulding and Highway Commissioner F. E. Everett.

The townspeople were also invited to be present.

By January 28, 1929, the total payroll to date for the flood work amounted to \$141,424.22. This did not include the engineering of the bridges, the State seam shovel, plans and blueprints, or the cement used on all the jobs.

To put this in perspective, the entire Town budget in 1927 was only \$240K. It was also interesting to read that the 1938 hurricane, which caused an estimated \$25 million in damage in NH and far more around New England, did not appreciably affect Gorham, thanks to the dredging and stream bank repairs

done in 1927.

Last year, Hurricane Irene caused significant damage but it could have been far worse. The lack of dredging and stream bank stabilization (berm repairs) surely exacerbated things. Unexpectedly some property owners were left paying for the State's 25% match in order to save their properties, to the tune of tens of thousands of dollars, something that Towns normally cover. It's time for the community to set aside more adequate funding and to put town staff and equipment to work on such repairs, as has been done in the past.

Reuben Rajala
Gorham Historical Society



Photos: Guy Shorey, Peabody River Damage

How to Fly the United States Flag

(From literature by the VFW National Veterans and Military Services)

1. The flag should be hoisted briskly and lowered ceremoniously.
2. The flag is never allowed to touch the ground or the floor.
3. When hung over a sidewalk on a rope extending from a building to a pole, the union stars are always away from the building.
4. When vertically hung over the center of the street, the flag always has the union stars to the north in an east/west street, and to the east in a north/south street.
5. The flag of the United States of America should be at the center and at the highest point of the group when a number of flags of states or localities or pennants of societies are grouped and displayed from staffs.
6. The flag should never be festooned, drawn back, nor up, in folds but always allowed to fall free.
7. The flag should be displayed at half-staff until noon on Memorial Day then raised to the top of the staff.
8. Never fly the flag upside down except as a signal of distress in instances of extreme danger to life or property.
9. The flag is never flown in inclement weather except when using an all-weather flag.
10. The flag can be flown every day from sunrise to sunset and at night if illuminated properly.

Gazette Cooking Corner

Chicken or Pork Milanese

- 1 cup all purpose flour
- 2 large eggs, beaten w/1 tablespoon of water
- 1 1/2 cups panko or your own bread crumb mixture
- 1/2 cup freshly grated Parmigiano
- 4 thick cut boneless pork chops or chicken breasts, butterflied & lightly pounded
- Kosher salt
- Extra virgin olive oil

1. Put flour in one bowl, one with the egg-water mixture, and one with bread crumbs & grated Parmigiano. Have a baking sheet handy to hold the meat after breading.

2. Season the pork or chicken with salt. Using one hand for dry ingredients and one for wet, take each piece of meat through the breading procedure: Dredge it lightly with flour, shake off the excess, dip in egg wash, then pack on the bread crumbs. Lay breaded meat on the baking sheet & refrigerate for at least 1 hour.

3. Preheat oven to 200F.

4. Pour 1/2 inch of olive oil into a large sauté pan and bring to medium-high heat. Have a drying station next to the stove ready by lining a baking sheet with a couple of layers of paper towels. Test to see if the oil is hot enough by sprinkling a bit of flour or a few bread crumbs into it. Be sure it sizzles! If it doesn't, wait! Once the oil is hot, add the meat...do not crowd the pan, work in batches. Cook the first side of the pork or chicken until golden brown & crispy, 3 to 4 minutes, turn and brown the other side. When done, lay the meat on the paper towels to drain off excess oil, sprinkle with a little salt, if desired. Keep the meat in the oven while you cook the second batch.

Serve with a seasonal salad, lots of garden veggies, topped with just a bit of olive oil, balsamic vinegar & garlic. A side of Saladino's homemade pasta, topped with Saladino's fresh Palermo sauce....Yum!

By Chef Michael, La Bottega Saladino's,
152 Main Street, Gorham, 603/466-2510

The Gorham Gazette is our local communicator for you to use to enjoy and to share events, information, your views (good or bad) and ideas which will help to improve our community as a whole.

Please e-mail us at contact@ourvillagechicago.com or write to us, the *Gorham Gazette* at P.O. Box 123, Gorham, NH 03581. We need your submissions by the fifteenth of each month for inclusion in the next edition.

GORHAM TOWN BUSINESS

MORE ATTENDANCE REQUESTED AT GORHAM SELECTMEN MEETINGS

Selectmen have expressed their desire to have more Town residents and businesses come to their meetings which are held every other Monday at the Gorham Town Hall beginning at 6:30 p.m. (See address below under Important Numbers and Addresses You Should Have Handy).

They always have an agenda plan, but a portion of the Meeting time is set aside for open discussion from the floor so that people can express their views.

Whenever possible, please attend. Get Involved! Be An Active Part of Our Town! Future meeting locations will be scheduled to be held at the Gorham and Cascade Fire Stations so that they will be more easily accessible to people.

KIOSK FOR THE GORHAM COMMON

The Androscoggin Valley Chamber of Commerce has generously offered to provide the Town of Gorham with a solar powered Kiosk which will be permanently placed in the Gorham Common with information about the Town and promotional content. This Kiosk is approximately 10'x10' and will be mounted on a cement slab foundation. The cost for the Kiosk is in excess of \$20,000, with no portion to be paid by the Town of Gorham.

Town officials were also provided with a estimate of around \$8,000 to make the necessary adjustments to the Common grounds and existing structures. It has not been determined who will cover the \$8,000 cost.

This bothers some Town people that monies are committed to projects and purchases without knowing the final, actual cost, particularly when the assumption is that the taxpayers of Gorham will be responsible for the bill.

This expenditure could perhaps be covered by the businesses and events that will be advertising on the Kiosk? The taxpayers should not be held responsible for something over which they have no control.

SHELBURNE REST AREA SIGNAGE

There is an effort underway by the Town of Gorham to submit a formal protest to State officials about the lack of signage at the Shelburne Rest Area directing visitors/travelers to Gorham, its Information Booth and the future Kiosk. This will be followed closely to hear the outcome.

GORHAM INFORMATION BOOTH

The Gorham Information Booth will be open from Friday, May 25th through Monday, October 8th. The hours are Monday through Saturday from 10 am to 7 pm and on Sunday from 10 am to 6 pm.

GORHAM MOOSE TOURS

The Gorham Moose Tours will begin on Saturday, May 26th and will run through October 6th. The moose and wildlife tours depart from the Information Booth on the Common at 6:30 pm every Monday, Wednesday, Thursday, Friday and Saturday, and during July and August on Tuesday nights as well. Advance reservations are recommended: 1-877-986-6673 or 603-466-3103. Like us on Facebook! For more information visit www.gorhamnh.org.

IMPORTANT NUMBERS AND ADDRESSES YOU SHOULD HAVE HANDY:

Town of Gorham

20 Park Street
466-3322

Gorham High School & Middle School

120 Main Street

Town of Shelburne

466-2262

Town of Jefferson

586-4553

Town of Randolph

466-5771

Randolph Library

466-5408

Gorham/Berlin Trolley & Bus

752-1741

Tri-City Transit

888-997-2020

Gorham Library

35 Railroad Street
466-2525

Gorham Historical Society

25 Railroad Street
466-5338

U.S. Senator Kelly Ayotte

752-7702

Councilor Ray Burton

271-3632

Great Glen Trails

Rt. 16, Pinkham Notch
466-2333

www.GreatGlenTrails.com

The Family Resource Center

123 Main Street, Gorham
466-5190

GORHAM GAZETTE

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GREAT OUTDOORS, PETS & WILDLIFE

The Animal Rescue League of NH - North / Conway Shelter

For more info on The Animal Rescue League of NH - North / Conway Shelter and our adoption process, please visit our website www.conwayshelter.org or call (603) 447-5605

Animal Rescue League of NH-North Community Outreach Day in Gorham June 9

The Tractor Supply Company in Gorham, NH is hosting a Community Outreach Day Saturday, June 9 from 10 am-2 pm. Staff from The Animal Rescue League of NH-North will be on hand to present information about the Conway shelter's programs and events. Attendees will also have the opportunity to do a meet and greet with some of the animals available for adoption.

Shelter representatives will accept relinquished animals that day by pre-arranged appointment. Space is limited, so if you have an animal that needs to be rehomed and would like for the shelter to take it in that day, please call (603) 447-5955 to make arrangements.



One of the puppies recently adopted from The Animal Rescue League of NH - North.

Animal Rescue League's Spay/Neuter Clinic Reopens to the Public

Public spay/neuter for dogs and cats is now being scheduled at the Animal Rescue League of NH-North. In New England we are in the unique position to see the benefits of aggressive spaying and neutering over the past decade. This comes with additional benefits including a greatly reduced number of roaming animals and/or animals that present with diseases still common in the lower United States such as distemper and parvovirus.

Common myths about altering:

My dog/cat will get fat. Well not really, most animals are adolescent alters, meaning that at a time when their growth is slowing down, so should their calorie intake. Just like humans, too many calories and not enough exercise is more likely the culprit.

Recovery will take forever: Not true at all! It is a simple day surgery and most will be back to their normal selves within a day or two. You drop them off in the morning and pick them back up in the afternoon.

I want my animal to have a litter. Not spaying a female dog prior to their first heat increases the likelihood of certain cancers later in life exponentially.

The Animal Rescue League of New Hampshire-North offers affordable spay/neutering. All costs are below \$100. In addition ARL-N can also vaccinate, test for Heartworm, FIV and treat for fleas. Spaces are limited so please call 603.447.5955 x 17 to schedule your animals today!

ARLNH-North is a nonprofit, all-inclusive animal resource center dedicated to the human/animal bond - Encouraging it through animal adoption and education; Protecting it when threatened by violence, disaster or emergency; and Respecting it when broken by death. For more information, please visit the shelter online at conwayshelter.org or call 603-447-5605.

In The Dog House

To My Fellow 4-Legged Buddies – Don't get into trouble with the law by not having your human make sure your license and shots are up to date. The weather is much too nice to end up "in the dog house" or worse. None of us want our "paw-prints" to be on file. Remember, like our parents have warned us, there really is such a thing as "your permanent record"

Your Friend, Walter

The Bear Facts

Leave all of the young wild animals alone to enjoy their natural habitat and to



remain wild. It is bad for them to become too comfortable around people, just as it is dangerous for people to get in between a baby and its mother. Nature has its own system – Let's not interfere with the natural order of things.



Photo by Broman Photography/Gateway Gallery

WALTER'S WORLD

Dear Walter,

My name is Marty and they tell me I am a yellow lab and that's my younger brother Bauer in the picture with me. He gets into a lot of trouble and my humans rely on me to help train him which is a full time job beyond



Bauer & Marty



my already busy day of guarding the house and taking my humans for a walk to get some fresh air and much needed exercise.

As you can see Bauer is getting a closer look at our fish friends and this brings up one very important point that I would

like to address to your readers. In many homes there are different types of animals all living under one roof and it can be extremely dangerous. My wonderful brother Bauer put his nose where it didn't belong (literally) and he was sick for months with a bout of Salmonella he got from the hermit crabs that visit our home every once in a while. After many trips to the vet and lots of medication he finally started to get better. He lost 20 pounds and I lost my play friend for all of that time.

Also it is barbeque season at our house and that means trouble for my brother yet again. He begs for anything and everything that the humans have. Luckily they don't serve anything that can make us sick and if they do and there are little people that might accidently share with us, they put us in the living room and put the child safety gates up. I'm not sure why they call them child safety gates when the youngest child in our house is 12 and I don't see them put him in the living room!

Anyway I am going to list a few food items that your readers may or may not know that can make us very sick or can even be fatal; Macadamia nuts, milk and dairy products, avocados, onions and garlic, caffeine, grapes and raisins, salt, sugary foods and drinks, chocolate, fat trimmings and bones, raw eggs, raw meat and fish, xylitol (found in diet food, candy and gum), toothpaste, baking soda and powder, beer, wine, alcohol and most importantly humans forget that we can get into their medicine just like the little people can.

This is the number my humans have on our fridge just in case we (and I mean Bauer) get into anything we shouldn't and I think your readers should have it too: 1-888-426-4435 Animal Poison Control Center.

So instead your readers should make sure they serve slices of apples, oranges, bananas, watermelon (seeds removed), carrot sticks, green beans and even a plain baked potato or cooked white rice or pasta. These items are on the safe list, but should still be okayed by your vet.

I hope you have a safe and happy summer season Walter and thanks for sharing my story with your readers!

Barkingly,
Marty



Dear Marty & Bauer,

Thanks for writing to me at the Gazette.

I look forward to meeting you both some day, "snout to snout". Everything you say is right. It's good we remind our owners from time-to-time that we love them. We don't always understand them, just like they don't always understand us, but we must keep trying.

You inserted a telephone number in your letter that I feel is worth repeating. It is for the Animal Poison Control Center at 1-888-426-4435. Thank you for that and for your concern about that topic.

With Sumer here, it's time for lots of fun, but it's also a time to be more aware of our surroundings. The motorcycles will be descending on our little Town very soon so besides logging-trucks, the extra heavy traffic from these high powered machines make it much more dangerous for us and, of course, our "little" human neighbors on their walks and while they are riding their bikes or skateboards or roller skating. My best advice is to just stay away from these busy streets, now and always. There are plenty of quiet spaces out there.

Until next time, be good and be well,

Walter

P.S. I've met many animals since I've been in New Hampshire, but maybe your "humans" have stories about their animal friends other than dogs? Send them in, please.

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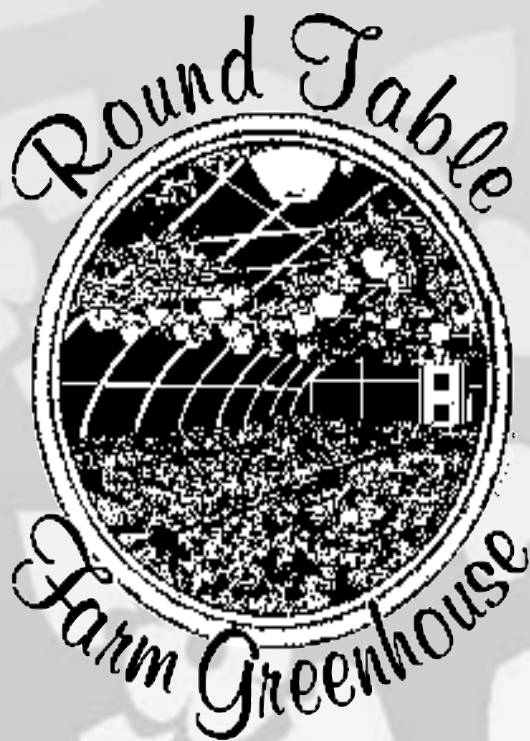
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